

2025 Ballet&SynchroCupValdemoro

PISTA DE HIELO VALDEMORO-FRANCISCO FERNÁNDEZ OCHOA



15 de marzo

BALLET SOBRE HIELO & PATINAJE SINCRONIZADO



ANNOUNCEMENT

The CLUB of Madrid VALDEMORO ICE TEAM announces the "BALLET&SYNCHROCUPVALDEMORO 2025", which will be held at the FRANCISCO FERNANDEZ OCHOA ice rink in VALDEMORO, on March 15, 2025.

The regulations of the synchronized skating competition will be those of the **ISU REGULATION**.

The regulations for the ice ballet competition will be those of the **RFEDH REGULATION**.

CATEGORIES

SYNCHRONIZED SKATING

Advance Novice, Adult, Adult Masters

1. SYNCHRONIZED SKATING, ISU category.

- Advance novice:

At least 10 years and have not reached the age of 16 before July 1, 2024.

12 to 16 skaters with a maximum of 4 alternates.

Free Skating 3 minutes (+/- 10 sec)

Factor 2.67.

Well Balanced Program Content according to Communication 2635 Advanced Novice.

Vaults, Group Lifts or un-sustained lifts are not permitted.

2. Non-ISU categories, Adult, Adult Masters.

Deductions for Interruption(s) in performing the program for ADULT category: For every Interruption of:

-more than 10 seconds up to 20 seconds: -0.5

-more than 20 seconds up to 30 seconds: -1.0

-more than 30 seconds up to 40 seconds: -1.5



-more than 40 seconds by one or several skaters: -2.0

- if second interruption more than 40 seconds or program not completed, the Team is withdrawn

- Interruption of the program with three minutes, Rule 965 -2.5

- Adverse condition prior to the program with three minutes, Rule 965 -2.5

Deductions for Falls* for ADULT category:

*A Fall is defined as loss of control by a Skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades, e.g., hand(s), knee(s), buttock(s), or any part of the arm (Rule 953, paragraph 1).

Fall Rule 953, paragraph 1: -0.5 for every Fall of one (1) skater.

As the values of those deductions are not the standard ones provided by Rule 953, paragraph 1. and Rule 843, paragraph 1.m), the Referee must give specific instructions to the system operator and check the correct input in each instance.

Deductions for Interruptions in performing the program and for Falls* for MASTERS category:

The standard deductions according to rule 953, paragraph 1 and Rule 843, paragraph 1.n) will apply.

Duration of Program (Rule 952, paragraph 2)

Adult and Masters: Three (3) minutes +/- 10 seconds. The Team is allowed to finish the Free Skating within ten (10) seconds plus or minus the required time. The timing must be reckoned from the moment that a Skater begins to move (arms, head, etc.) or to skate until arriving at a complete stop at the end of the program.

- **Adult**

At least three quarters (75%) of team members (not including alternates) must have reached at least the age of twenty-eight (28) before 1 st July 2024.

The remaining members of a team must have reached at least the age of twenty-five (25) before 1 st July 2024.

Free program, three (3) minutes +/- 10 seconds, Factor of 1.67.

12 to 16 skaters with a maximum of 4 alternates.

The ADULT teams MUST skate a well-balanced Free Skating Program of Five (5) required elements:



1. Intersection Element - Additional Feature -Point of Intersection (pi) is optional and will be called if included.

2. Pivoting Element – Block

3. Traveling Element

4. Linear Element – Line

PLUS the 5TH ELEMENT, a CHOICE of one (1) Element from below:

- Mixed Element
- Artistic Element-Block
- Artistic Element-Circle
- Artistic Element-Line
- Artistic Element -Wheel Not permitted
- Not permitted – Vaults and Un-sustained lift

- **Adult Masters**

At least three quarters (75%) of team members (not including alternates) must have reached at least the age of twenty-eight (28) before 1 st July 2024.

The remaining members of a team must have reached at least the age of twenty-five (25) before 1 st July 2024.

8 to 16 skaters with a maximum of 4 alternates.

Free Skating 3 minutes (+/- 10 sec), Factor 2.0.

The MASTERS teams MUST skate a well-balanced Free Skating Program of the following Six (6) required elements:

Must include the following five (5) Required Elements:

1. Intersection Element - Additional Feature -Point of Intersection (pi) is optional and will be called if included
2. Pivoting Element – Line
3. Traveling Element



4. Linear Element - Block
5. No Hold Element - Must be one closed block - Features and Additional Feature (Step Sequence) -will be called if included

PLUS the 6th ELEMENT, a CHOICE of one (1) Element from below:

- Mixed Element
- Artistic Element-Block
- Artistic Element-Circle
- Artistic Element-Line
- Artistic Element -Wheel
- Permitted – Vaults and Un-sustained lift

PRE-ENTRY

The attached form (Pre-registration) must be filled out and sent to the email sincro@pistadehielovaldemoro.es before December 31th, 2024.

In order to lower the economic burden on the teams, the official practice is optional. Additionally, we offer extra practice ice. When sending the form, indicate if you are interested in unofficial training and official training.

ENTRY

The attached form (Participation Rights Payment Document) must be filled out and sent to the email address gerencia@pistadehielovaldemoro.es with a copy (cc) to sincro@pistadehielovaldemoro.es along with proof of payment before January 31, 2025.

The attached Planned Program form must be filled out and sent to the email panel@fmdi.es with a copy (cc) to sincro@pistadehielovaldemoro.es

When sending the form, indicate whether unofficial training and/or official training is confirmed.

ENTRY FEE

Ballet on ice teams: **400€ (350€ without official practice).**

Synchronized skating teams: **400€ (350€ without official practice).**

BANK: Popular



Account No: ES83 0238 8195 6006 0019 8379

Beneficiary: Valdemoro Ice Team Club Deportivo Elemental

BIC: PSTRESMM

JUDGES

The judges of the competition will be appointed by the Madrid Winter Sports Federation.

MUSIC

The music must be sent to the following address before registration closes: panel@fmdi.es with a copy (cc) to sincro@pistadehielovaldemoro.es. Each of them must be properly identified with the name of the team and its category.

Example: Team Shooting Star-FP-Mixed Age

ORDER OF COMPETITION

The order of the competition for all categories will be carried out through a computer system and the result of the starting order will be communicated by sending the lists to the participating teams by email.

OFFICIAL TRAINING

The official training they will be optional.

It will be held on Friday, March 14 from 9 a.m. to 2:45 p.m

Its duration will be 15 minutes.

The music will start: after 2:30 minutes and after 7:00 minutes

UNOFFICIAL TRAINING

Unofficial training will be optional. It will be held on Thursday, March 13 from 9 a.m. to 2:45 p.m.

Its duration will be 15 minutes.

Its price is 60€.

The music will start: after 2:30 minutes and after 7:00 minutes

EVENT SCHEDULE

UNOFFICIAL TRAINING



- Thursday, March 13 – 9:00 a.m. to 2:45 p.m.

OFFICIAL TRAINING

- Friday, March 14 – 9:00 a.m. to 2:45 p.m.

March 15, 2025

- Opening ceremony – 9:00 p.m.
- Competition – 9:30 a.m. to 9:00 p.m.
- Awards ceremony– after the competition.

This is a tentative schedule of the event. The final program is subject to change depending on the number of teams participating in the competition and will be available on the Ballet&SynchroCupValdemoro 2025 website once the number of participating teams is known.

