

2025 Ballet&SynchroCupValdemoro

PISTA DE HIELO VALDEMORO-FRANCISCO FERNÁNDEZ OCHOA



15 de marzo

BALLET SOBRE HIELO & PATINAJE SINCRONIZADO



ANNOUNCEMENT

The CLUB of Madrid VALDEMORO ICE TEAM announces the “BALLET&SYNCHROCUPVALDEMORO 2025”, which will be held at the FRANCISCO FERNANDEZ OCHOA ice rink in VALDEMORO, on March 15, 2025.

The regulations of the synchronized skating competition will be those of the **ISU REGULATION**.

The regulations for the ice ballet competition will be those of the **RFEDH REGULATION**.

CATEGORIES

SYNCHRONIZED SKATING
Junior ISU-Senior ISU- Senior Elite 12 ISU- Basic Novice non-ISU- Mixed Age non-ISU
BALLET ON ICE
Open +15, Open -15

1. SYNCHRONIZED SKATING, ISU categories

- Senior ISU / Senior Elite 12:

At least 17 years before July 1, 2024.

16 skaters (Senior Elite 12: 12 skaters) with a maximum of 4 alternates.

Short Program 2 minutes and 50 seconds but may be less, Factor 1.33.

Free Skating 4 minutes (+/- 10 sec), Factor 2.67.

Well Balanced Program Content according to Communication 2635 Senior Short Program and Senior Free Skating.

- Junior ISU

At least 13 years and have not reached the age of 19 before July 1, 2024.

12 to 16 skaters with a maximum of 4 alternates.



Short Program 2 minutes and 50 seconds but may be less, Factor 1.33.

Free Skating 3 minutes 30 seconds (+/- 10 sec), Factor 2.67.

Well Balanced Program Content according to Communication 2635 Junior Short Program and Junior Free Skating

2. Non-ISU categories

- Mixed Age

No age limit.

8 to 16 skaters with a maximum of 4 alternates.

Free Skating 3 minutes 30 seconds (+/- 10 sec), Factor 2.67.

Well Balanced Program Content according to Communication 2635 Mixed Age.

- Basic Novice

Have not reached the age of 16 before July 1, 2024.

8 to 16 skaters with a maximum of 4 alternates.

Free Skating 3 minutes (+/- 10 sec), Factor 2.67.

Well Balanced Program Content according to Communication 2635 Basic Novice.

Vaults, Group Lifts or un-sustained lifts are not permitted

3. BALLET SOBRE HIELO, RFEDH category

- Open -15

80% of the team must be under 15 years old on January 1 of the year of the competition

Free skating 4 min. 30 seg. +/-10 seg.

A list of 8 to 28 skaters may be registered, although the maximum number of skaters on the ice will be 24. A maximum of 4 skaters may be changed from the choreographic exercise to the free program, in the event that the team participates in any international competition.

Well Balanced Program Content according to regulations from RFEDH

- Open +15



80% of the team must be over 15 years old on January 1 of the year of the competition.

Free skating 5 min. +/-10 seg

A list of 8 to 28 skaters may be registered, although the maximum number of skaters on the ice may be 24. A maximum of 4 skaters may be changed from the choreographic exercise to the free program, in the event that the team participates in any international competition.

Well Balanced Program Content according to regulations from RFEDH.

PRE-ENTRY

The attached form (Pre-registration) must be filled out and sent to the email sincro@pistadehielovaldemoro.es before December 15, 2024.

In order to lower the economic burden on the teams, the official practice is optional. Additionally, we offer extra practice ice. When sending the form, indicate if you are interested in unofficial training and official training.

ENTRY

The attached form (Participation Rights Payment Document) must be filled out and sent to the email address gerencia@pistadehielovaldemoro.es with a copy (cc) to sincro@pistadehielovaldemoro.es along with proof of payment before January 31, 2025.

The attached Planned Program form must be filled out and sent to the email panel@fmdi.es with a copy (cc) to sincro@pistadehielovaldemoro.es

When sending the form, indicate whether unofficial training and/or official training is confirmed.

ENTRY FEE

Ballet on ice teams: **400€ (350€ without official practice).**

Synchronized skating teams: **400€ (350€ without official practice).**

BANK: Popular

Account No: ES83 0238 8195 6006 0019 8379

Beneficiary: Valdemoro Ice Team Club Deportivo Elemental

BIC: PSTRESMM



JUDGES

The judges of the competition will be appointed by the Madrid Winter Sports Federation.

MUSIC

The music must be sent to the following address before registration closes: panel@fmdi.es with a copy (cc) to sincro@pistadehielovaldemoro.es. Each of them must be properly identified with the name of the team and its category.

Example: Team Shooting Star-FP-Mixed Age

ORDER OF COMPETITION

The order of the competition for all categories will be carried out through a computer system and the result of the starting order will be communicated by sending the lists to the participating teams by email.

OFFICIAL TRAINING

The official training they will be optional.

It will be held on Friday, March 14 from 9 a.m. to 2:45 p.m

Its duration will be 15 minutes.

The music will start: after 2:30 minutes and after 7:00 minutes

UNOFFICIAL TRAINING

Unofficial training will be optional. It will be held on Thursday, March 13 from 9 a.m. to 2:45 p.m.

Its duration will be 15 minutes.

Its price is 60€.

The music will start: after 2:30 minutes and after 7:00 minutes

EVENT SCHEDULE

UNOFFICIAL TRAINING

- Thursday, March 13 – 9:00 a.m. to 2:45 p.m.

OFFICIAL TRAINING

- Friday, March 14 – 9:00 a.m. to 2:45 p.m.



March 15, 2025

- Opening ceremony – 9:00 p.m.
- Competition – 9:30 a.m. to 9:00 p.m.
- Awards ceremony– after the competition.

This is a tentative schedule of the event. The final program is subject to change depending on the number of teams participating in the competition and will be available on the Ballet&SynchroCupValdemoro 2025 website once the number of participating teams is known.



valdemoro
pista de hielo
Francisco Fernández Ochoa

